



MASSAGE

Therapeutic or Deep Tissue Massage

Therapeutic massage uses various techniques and revitalizing cream to achieve relaxation and comfort. Deep tissue massage uses manipulation to heal and strengthen the body.

30 mins.—\$50 | 45 mins.—\$60 | 60 mins.—\$80
75 mins.—\$95 | 90 mins.—\$110

Prenatal Massage

Expecting moms can find relief and comfort in this treatment. 30 mins.—\$55 | 60 mins.—\$85

CBD Cream Massage

The perfect massage techniques combined with CBD infused massage cream for ultimate relaxation and relief of arthritic and chronic pain. Full body—\$100
Add to an area—\$15

AHA Body Refinement Treatment

Renew your skin and senses with Babor's AHA body refinement. A luxurious exfoliating experience that smooths, brightens and softens the skin while boosting hydration and cell renewal. Step out feeling polished, revitalized and radiant. Perfect before or after massage 25 minutes—\$50



NAILS

Spa Manicure \$25

Includes an exfoliation and mask treatment

14 Day Manicure \$32

Manicure looks as good on day 14 as day one.

Gel Manicure \$35

Acrylic Full Set \$45

Nail Design \$10

Repair \$6

Soak off \$25

Polish fingers and toes \$15

Spa Pedicure

Soften and comfort the feet with exfoliation and a hydrating massage \$37

Deluxe Pedicure

Spa pedicure with added cuticle treatment and . . . foot mask with warm towels. \$50



SPECIALTY SERVICES

Waxing — Face & Body

<i>Eyebrows</i>	\$15	<i>Lip</i>	\$8
<i>Chin/Neck</i>	\$10	<i>Sides of Face</i> ..	\$10
<i>Bikini</i>	\$45	<i>Under Arms</i> . . .	\$20
<i>Legs\Half</i>	\$60	<i>Back</i>	\$70
<i>Chest</i>	\$70		

Lash Extensions

<i>Classic Lashes</i>	\$150	<i>Classic Fill-in</i>	\$55
<i>Hybrid Lashes</i>	\$165	<i>Hybrid Fill-in</i>	\$70
<i>Volume Lashes</i>	\$180	<i>Volume Fill-in</i>	\$85

Other Lash and Brow Services

<i>Lash tint</i>	\$35	<i>Brow Tint</i>	\$20
<i>Brow Tint and Wax</i>	\$30		
<i>Korean Lash Lift and Tint</i>	\$80		

The Korean Lash Lift uses gentle, nourishing formulas to lift and strengthen your natural lashes, creating a softer, healthier, and longer-lasting curl compared to traditional lash lifts.

Korean Lash Lift

Eyebrow Lamination

Eyebrow Lamination with Hybrid Tint

Eyebrow Lamination smooths and lifts the brows for a fuller, defined look. Includes hybrid or traditional tint with mapping, wax, trim and tweeze.

Lasts up to four weeks on hair, one week on skin.

Body Polish

A customized exfoliation to leave you feeling silky smooth and replenished. 60 mins.—\$75

Ear Candling

An age-old treatment used for cleansing the ear and decongesting the sinuses. 40 mins.—\$40

Hand and/or Foot Massage

A body relaxation treatment using trigger point therapy on the feet and hands.

20 mins.—\$30 (hands or feet)

30 mins.—\$40 (hands and feet)

Can Be Added to Any Service

Paraffin Treatment Hands or Feet \$10

Menu of Services



MY TIME
DAY SPA

*Because...your time
for you
is important too!!*

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Owner:

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mytimedayspa.net

like us on



Available by appointment
Monday through Saturday

Gift certificates available.

Ask about our customer loyalty program!



FACIALS

Relax & Renew Facial

Designed to deeply cleanse, exfoliate, and clear congestion. Gentle exfoliation and thorough extractions leave your skin smooth, purified, and glowing—when your complexion needs a quick reset. 35 mins.—\$50

European Facial

The European Facial is a classic one-hour treatment that deeply cleanses, exfoliates, and nourishes the skin. It includes steam, extractions, a relaxing facial massage, and a customized mask, plus a soothing hand and arm massage for the ultimate relaxation. Perfect for all skin types and a great introductory facial. 60 mins.—\$90

Doctor Babor Cryo-Sculpt Facial

This luxurious treatment fuses the power of cold therapy with the sculpting art of gua sha to lift, firm, and refresh tired skin. It begins with our skin activator and a gentle enzyme exfoliation to smooth and prepare your complexion for potent, collagen-boosting DOCTOR BABOR formulas. The highlight — a cooling Cryo Gua Sha massage — stimulates circulation, reduces puffiness, and restores vitality. To finish, a firming peel-off mask locks in hydration and radiance, leaving your skin toned, luminous, and rejuvenated. 90 mins.—\$135

Dermaplaning Facial

The Dermaplaning Facial gently exfoliates the skin by removing dead skin cells and peach fuzz for an instantly smoother, brighter complexion. This treatment helps skin care work more effectively and smooths the skin surface. Perfect before events or anytime your skin needs a bright, polished boost. 60 mins.—\$75
Add just dermaplaning to any other facial—\$25

Luxe Lift facial

The Luxe Lift Facial by Circadia instantly lifts, tightens, and brightens the skin. Gentle enzyme exfoliation and the Firming Peptide Mask boost collagen, smooth fine lines, and refine texture. Deep hydration and antioxidants leave your complexion lifted, radiant, and refreshed.— perfect for anyone seeking youthful, glowing results. 60 mins.—\$90

Radiance Resurfacing Peel

A 30% Glycolic Peel gently exfoliates the skin to smooth texture, refine pores, and brighten dull complexions. This advanced treatment accelerates cell turnover, helping reduce the appearance of fine lines, acne marks, and uneven tone for fresh, radiant skin. 60 mins.—\$95

Mimical Control + Q-10 Facial

Formulated for all skin types. Provides the ultimate defense against wrinkles by relieving microtensions in the skin and promoting production of endorphins which stimulate skin cells against aging, leaving skin intensely moisturized and smooth. (Includes the unique Collagen Biomatrix Mask.) 60 mins.—\$95

Acne Treatment (Glycolic Acid Peel)

This clarifying treatment uses glycolic acid to clear pores, reduce breakouts, and smooth texture. It accelerates cell turnover to fade acne marks and restore a balanced, healthy glow — perfect for congested or post-breakout skin. 75 mins.—\$95

Microdermabrasion (includes full facial) A gentle, non-invasive exfoliation treatment that removes dead skin cells to reveal a smoother, brighter complexion. Ideal for improving the appearance of sun damage, uneven skin tone, blackheads, whiteheads, fine lines, wrinkles, enlarged pores, mild acne and surgical scars.

Face Only—\$115 | Face & Neck—\$125
Face, Neck & Chest—\$135
Face, Neck, Chest, and Hands—\$155

Hydra-facial

Experience a deep cleanse and glow with this gentle yet effective treatment using water-based exfoliation and customized serums to remove dead skin cells, unclog pores, and infuse hydration all at once. Perfect for dull congested or dehydrated skin, it leaves your complexion refreshed, smooth and radiant with no downtime. Includes LED light therapy, oxygen spray, radiofrequency, ultrasonic spatula, and high-frequency ultrasonic vibrations. 75 min.—\$145

Add on to any Facial Treatment

LED Light Therapy Treatment

LED Light Therapy delivers soothing, rejuvenating energy to the skin, promoting repair and renewal at a cellular level. A perfect enhancement to any facial, it boosts results and supports lasting skin health. 20 mins.—\$15

Eye Treatment

Revitalize tired eyes with soothing gel patches designed to reduce dark circles, puffiness, and fine lines while deeply hydrating and smoothing the delicate eye area. 15 mins.—\$15



HAIR CARE

Hair Care Services

We offer hair care services for the entire family including cuts, styles, color, perms, highlights, low-lights, chemical conditioning, special occasion styles and permanent straightening. We have several stylists available by appointment.

Prices vary by stylist and service

Hair Additions

Extensions: We offer several extension options that can be customized to meet your individual needs including temporary, semi-permanent, and permanent solutions.

Toppers/Volumizers: The EVOLVE Volumizer is a life-changing experience for women with hair loss or aggressive thinning in the crown area. There are several options available to meet your specific needs.

Accessorize with color, tinsel, feathers or boho.

All options require a consultation

Services for Kids

Kids Facial or Massage

A customized facial or massage for your little ones, 12 and under. 30 mins.—\$40